



**MAP LEGEND**

	Arabia Mountain Trail
	South River Trail
	Rockdale River Trail
	Trail Access Points
	Trail Mileage

# Arabia Mountain Inaugural Bike Ride

**Monastery of the Holy Spirit**  
Ride Start and End

**City of Lithonia**  
Ride 1/2 way point

**Water and Restroom Stops**

- Monastery of the Holy Spirit
- South Rockdale Community Park
- Alexander Lakes Parking Area (tap water in restrooms)
- Davidson Arabia Mountain Nature Center

Welcome to the Arabia Mountain National Heritage Area and the Monastery of the Holy Spirit

## PATH Trails

South River Trail / Arabia Mountain Trail / Rockdale River Trail



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